

Victorian Open and Age (11-12yrs) Short Course Championships 17th – 18th September @ MSAC



The short Course Season wrapped up with the Vic Open/Age Short Course championships at MSC on 17th-18th September with 5 SGB swimmers competing at the championships.

Our two younger swimmers, Riley Harris (11) and Sophie McKenzie (12) swam magnificently throughout the meet with 7 out of 7 PB's for Riley and 2 out of 2 for Sophie.

Sophie was just outside the top 10 in Victoria, finishing 13th in the 200m Breaststroke and 23rd in the 100m Breaststroke.

Riley was 10th in the 200m Backstroke and added two 12th place finishes to his results in the 100m Backstroke and 200m Freestyle.

Nathan Foote, Mal Bradley and Taya Murdoch competed in the Open category over the weekend, challenging themselves against Victoria's best.

Taya qualified for 5 events and finished 30th in the 50m Backstroke in her highest place finish for the weekend.

Nathan was looking to continue his form from Vic Age in the 200m backstroke in which he won the gold medal. Against some tough competition, including former SGB swimmer and eventual winner Bowen Gough, Nathan managed another 2.03 swim to finish 5th overall.

Mal Bradley was also coming off a strong performance at Vic Age and had done some heavy training into Vic Opens. This didn't hinder Mal, grabbing 15th in the 200m Breaststroke to be in striking distance of Victoria's top 10.

We now turn our attention to the Long Course Season and the GSI fixture. The next 6 months will be very exciting for our club with so many young swimmers to begin what will be a great learning experience in the GSI competitions.