

Dear Parents and Swimmers,

Thanks to everyone who swam today and their parents for assisting them. There were some great results, improvements and challenges accomplished by our amazing swimmers.

This was the best I could up with as my post meet (w)rap. It doesn't express how I feel about seeing kids achieve and improve themselves as individuals. It's more about why we do it and the process being worth it.

### **SUNDAY IS FUNDAY**

What is fun about getting up early on the weekends? Getting to travel over to the Valley and hanging out with friends!

But I need to pack swimming bags to take to the pool. Yes, but seeing kids being active is pretty cool.

There's no room to sit and it gets so hot. If you are lucky enough to time-keep then it's not.

I always seem to not know where my kids went. They are learning to be more independent.

So much effort to get ready for a race. It's definitely worth it when they come back with a smile on their face.

When others are sitting at home on their bum, we are a team getting out and having fun!

Well done to you all! I look forward to continuing to see the hard work pay off. And thank you to time keepers and Lorraine for her endless organisation. Lorri and Brett- thank you too for your assistance!

Cheers, Gemma