

MAY 2023

From The President

When I think about our club the first word that comes to mind is simply 'awesome'. In particular, the last 12 months. The achievements of our swimmers as individuals and as a team were recently celebrated on our awards night. It was so lovely to see our gold, silver and bronze medal recipients proudly wearing their medals and knowing that their efforts helped to achieve the team awards.

We have amazing club members, from the swimmers, parents/carers, and the committee. The parents and carers who get their kids to the pool and events and give their time to help our club run. The committee, who volunteers many hours of their time to provide the best opportunities for our members, keeping the club running and always looking to the future to ensure our longevity. The swimmers getting back into the pool after the break, at what seems the hardest time. Dark, wet and cold. They enter the pool with high spirits and ready to give their best, these months are the one's which build character and resilience.

Over the next few months we will see the short course season unfold. We start with a splash at our own short course meet. With 200 swimmers from clubs including from Melbourne and Gippsland it is sure to be a busy and exciting meet.

I thank everyone for their hard work to allow these events to run as smoothly as possible. With a second meet in July I hope many of our swimmers reach their short course goals and can make it along to the Short Course Country Championships in Wangaratta and then the Short Course Age Championships at MSAC.

This year the committee is dedicated to continuing our sponsorship agreements with our long term sponsors, and I thank them for their support. We are committed to finding some great new sponsors to partner with us into the future. If you know of any potential sponsors who would be looking to support the club into 2023 please let myself and Liz Burrows know.

Welcome to season 23/24 and let's continue the awesome momentum of SGB into this coming swimming year.

Janelle Croatto SGB President

Upcoming Events

JUNE

11: SGB Meet One

30: Club Race Night

JULY

16: SGB Meet Two

AUGUST

12-13: Vic Country Championships

19-20: Vic Open & 12yrs Championships

26: Trivia Night

SEPTEMBER

1-3: Vic Age (13&O) Championships



2023 Gippsland Championships

FROM THE HEAD COACH.

FEB 23

Thank you all for another successful Gippsland Championships that saw us reach new heights yet again. Not only did we succeed in the pool, it was a fun weekend with our families and swimmers creating a great atmosphere to be around for the whole weekend, despite the long days. Well done to all the swimmers that got in and gave it a go, and I hope you can all walk away being proud of something you accomplished across the 3 days.

THE STATS:

- 2nd in the Overall Team Score for the 6th consecutive year.
- 1st in the 14&u Team Score for the 4th consecutive year.
- Highest Team score in club history. Previous best 1304.5 in 2022.
- 27 Gold Medals. 19 Individual & 8 Relay.
- 46 Silver Medals. 34 Individual & 12 Relay.
- 37 Bronze Medals. 28 Individual & 9 Relay.
- 282 Finals. 220 Individual & 62 Relay.
- Largest SGB Team in club history at Gippsland Championships, 114 swimmers.

Diversity & Inclusion

SGB IS AN INCLUSIVE SWIMMING CLUB, WELCOMING ALL MEMBERS OF THE COMMUNITY.

SGB IS PROUD TO ACKNOWLEDGE THE PEOPLE OF THE BUNURONG AS THE TRADITIONAL OWNERS AND

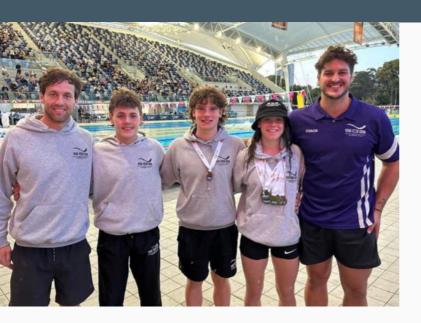
TRADITIONAL OWNERS AND
CUSTODIANS OF THIS LAND AND
WATERS. WE RECOGNISE THE UNIQUE
DIVERSITY OF THE FIRST PEOPLES HERE
IN SOUTH GIPPSLAND AND BASS
COAST.











2023 LC Victorian Age Championships

10TH-14TH MARCH

29 SGB Swimmers and coaches Dylan & Caiden made the trip to Melbourne Sports Centres for 5 days of competition, Thursday 9th-Monday 13th March.

Of the 29 swimmers, six raced on every day of the meet a huge effort. Olivia Homes, Sienna Hunt, Rahni Matheson, Zac Sherar, Mostyn Lumsden & Hugh Munro.

Finalists:

- Max Brocklesby 13 800m Freestyle 6th
- Claudia Croatto 13 100m Breaststroke 4th, 200m Breaststroke 4th
- Olivia Holmes 13 200m Freestyle SILVER, 400m Freestyle 5th, 200m IM GOLD, 100m Butterfly BRONZE, 200m Backstroke GOLD, 50m Freestyle 6th, 100m Freestyle 4th, 100m Backstroke GOLD, 400m IM GOLD
- Josh Hunt 14 200m Butterfly 7th
- Mostyn Lumsden 15 100m Butterfly 7th, 200m Freestyle 5th, 200m Butterfly **BRONZE**
- Rahni Matheson 14 100m Breaststroke 8th
- Sienna Matheson 16 200m Breaststroke 10th
- Cooper Quaife 17 200m Butterfly 9th
- Miah Roberts 13 100m Backstroke 10th
- Zac Sherar 14 100m Breaststroke 9th, 200m Breaststroke 5th

2023 Australian Age Championships

The largest SGB Team to attend National Championships, consisting of two coaches and 10 swimmers headed to the Gold Coast over the April School Holidays.

RESULTS:

- Claudia Croatto 14 100m Breaststroke 29th, 50m Breaststroke 29th
- Olivia Holmes 13 200m Backstroke 5th, 100m Backstroke BRONZE, 400m IM 5th, 50m Backstroke 32nd, 200m Freestyle 6th, 200IM 12th
- Mostyn Lumsden 15 100m Butterfly 34th, 200m Freestyle 44th, 50m Backstroke 43rd, 50m Butterfly 49th, 100m Freestyle 114th, 200m Butterfly 21st
- Rahni Matheson 14 100m Breaststroke 49th. 50m Breaststroke 10th in B final, 20th overall
- Sienna Matheson 16 100m Breaststroke 35th, 50m Breaststroke 43rd
- Miah Roberts 13 200m Backstroke 66th. 100m Backstroke 67th, 50m Backstroke 50th
- Zac Sherar 14 50m Freestyle 46th 0.64s pb, 50m Breaststroke 34th, 200m Freestyle 48th, 100m Breaststroke 38th, 100m Freestyle 63rd, 200m Breaststroke 28th
- Will Simmons 14 50m Freestyle 88th
- Medley Relay 14-18 Hayden Barnes, Zac Sherar, Mostyn Lumsden, Cooper Quaife 43rd Thank you to our SGB families for all the support, donations and sponsorship to help get these swimmers to the Gold Coast.





2022/2023 PRESENTATION NIGHT

13TH MAY

Coaches, swimmers and their families gathered together to share a meal and a night of celebration to wrap up the 2022/2023 season at the Wonthaggi Workman's Clubi.

Medals were handed out to all that were part of the bronze placing team that attended the Victorian Country Championships, silver medals for the members of the Gippsland Championship team and gold medals to the under 14 team that won the Ash Delaney Trophy.



FAVE THE DATE TRIVIA NIGHT

26th August

Leongatha Dakers Centre \$25 a ticket, 16yrs & over Tickets will be available on iclass in July Start getting your table together



AGE CHAMPIONS

8&U - Abbie Saario and Austin Lynch 9&U - Josie Richer and Ethan Lynch

10&U - Emily Croatto and Callum Hackett

11&U - Gemma Cook and Rex Brocklesby

12&U - Sienna Hunt

13&U - Olivia Holmes and Will Simmons

14&U - Rahni Matheson and Zac Sherar

15&U - Freya Berry and Mostyn Lumsen

16&U - Sienna Matheson and Cooper Quaife

17&O - Sophie McKenzie and Hayden Barnes

Coaches Awards - Asha Chalmers, Amy Hodson,

Lachie Grimes, Olivia Allen, Billy Fisher.

Most Improved - Amalia Loftgren

Club Champions - Olivia Holmes and Zac Sherar



2023/2024 AGM

On Tuesday 16th May the club held the AGM at the Leongatha RSL.

Thank you to all members that attended the meeting. A special thank you to Michelle Harris from Gipps Sport for conducting the election of the new committee.

Execuative Committee: President - Janelle Croatto, Vice President - Rebecca Kranen, Secretary - Penny Hunt, Treasurer - Louise Sherar.

General Committee: Katherine Roberts, Donna
Lancaster, Sarah Spencer, Natasha McRae,
Michael Croatto, Alice Bradley, Sandy Norton
Other Roles: Liza Burrows, Roxanne Hurst,
Cindy Munro, Phil Munro, Janelle Smyth,
Phoebe Ruffin, Matt Saario.

A huge thank you to those that have put up their hand to take on a volunteer role to help our club continue to run so successfully. We are very grateful.

FEE POLICY UPDATE

A new fee policy has been uploaded to iclass pro.
Everyone will have received an email advising that there is an update.

The updated policy needs to be read and agreed to on iclass, which is where you pay your swim fees.

There is now an OPTION to set up direct debit automatic payments so when fees are invoiced the money will be debited on the set date. Please note this is OPTIONAL, you do not have to set up the direct debit option.



Sponsorship & Donations

The next few weeks are the prime time for getting sponsors and donations for the club as business are looking for tax offsets. Do you have a family business? Or looking to reduce your personal tax? Donations to the club can be claimed. If anyone has any leads please let Liza know or ask them to email Liza or Louise. Any amount will be gratefully accepted. Receipts can be issued for tax.

Liza: lizaburrows@hotmail.com

Louise: treasurer@sgbswimclub.com.au



We are also looking for the donation of items and vouchers to be used for raffles and the upcoming trivia night. For example a \$20 coffee voucher, or a \$20 voucher to spend in store. Please contact Sarah S if you have items or vouchers to donate. fundraising@sgbswimclub.com.au









