



# NOVEMBER 2023

## *From The President*

The colourful event of Duel in the Pool at Leongatha on the 19th of November was a terrific success. A fun and different way to run a GSI event with many happy faces having a go at the special events. Cheering was loud and team spirit infectious. The developed confidence of our newer swimmers in marshaling from their first race to their last showed wonderful growth. Our home events are what this is all about. Well done swimmers and to all the families who came along and helped run the meet.



Over the next few months we will be heading off to many events for all levels of swimmers. If you are not sure of what events your swimmer should attend please have a conversation with their coach. Good luck to the Leongatha Sharks who will host their South Gippsland Swimming Association (SGSA) meet on the 10th of December.

Thank you to all the members that sold their raffle tickets for the club. The winners were extremely happy with their prizes. It was a great fundraiser for the club and has helped pay for our new backstroke ledges.

If you have any new ideas for a fundraiser or sponsorship leads please let our committee know. If you have any interests that may help our committee and club please also have a chat.

I look forward to seeing you all on the pool deck soon.  
Janelle Croatto  
President

## Upcoming Events

### **DECEMBER**

- 2: GSI EGWD Sale
- 3: Warragul Private
- 9: GSI Traralgon
- 10: Sharks amateur meet
- 16-20: LC Vic Age

### **JANUARY**

- 6: GSI Warragul
- 13-14: Vic Sprints
- 20-22: LC Country

### **FEBRUARY**

- 3: GSI Moe
- 10: GSI Warragul
- 17: GSI All Junior Sale

### **MARCH**

- 9-11: Gippsland Champs
- 16-17: All Junior Finals

### **APRIL**

- Nationals Gold Coast

See Team App Events For details

# November Swim Meets

The month of November has been full of swim meets, with swimmers competing at many different pools across the state.

Swimmers have competed at:

5th: Surrey Park - MSAC

11th: GSI - Warragul

11th: Shepparton

17th/18th/19th: Vic Qualifying week 1 - MSAC

19th: Duel in the Pool - Leongatha

25th: GSI - Sale

25th/26th: Vic Qualifying week 2 - MSAC

November has been a very mixed bag when it comes to weather. In true Victorian style some meets saw all seasons in the one day, with Sale on the 25th called off early due to the bad storms, while those at MSAC on the same day experienced no rain while at the pool at all.

Congratulations to the swimmers who have achieved qualifying times for Countries, State Sprints, State Age and National Championships. There are still a few opportunities at upcoming meets to get these times, good luck to the swimmers still chasing these times.

PB's have been plentiful as the long course (50m pool) season has only begun. Keep up the great work SGB!



## Duel in the Pool



A day full of fun! Duel in the pool SGB style. 4 coloured teams fought out the day with epic battles in the pool. It came down to the last relay of the day, a relay of 10 swimmers per team, with Red team victorious.



## Warragul GSI

Meet 4 was '4 seasons in one day!' The day started off warm, but soon took a turn with freezing cold wind and overcast conditions. While conditions were challenging 4 swimmers achieved National qualifying times. Billy Fisher will be joining the National team, achieving a time in 50m breaststroke.



## Vic Qualifying

A number of State and National squad swimmers headed to MSAC over the 2 weekends of this competition. There were lots of PB's and qualifying times achieved. Cormac will be joining the team heading to Nationals with a fabulous swim in the 50m breaststroke.



## GSI - Sale

A small team headed to Sale, they headed home early as the meet was called off with 10 events still to be swam due to the stormy conditions.



# SGB Out & About

Swimming Victoria Talent Squad:  
4th November.

SGB swimmers, Miah and Cormac attended their first training session at MSAC. Caiden attended as Coach. Pilates, an introduction by Craig Jackson (Olympic Relay Coach) followed by a pool session on starts and relay changes. Lots of learning.



## Jade Ruffin



Jade Ruffin has recently been nominated for the State AUSTSWIM Best New Teacher award. The National and State AUSTSWIM awards provide an opportunity to recognise and congratulate AUSTSWIM teachers™, presenters and recognised swim centres for their contribution to the aquatic education industry. The AUSTSWIM award is the premier award presented to individuals in Australia that achieve the highest standards of aquatic education excellence. The State winners will then be put through to the national & international awards held in Queensland.

Jade is a qualified AUSTSWIM teacher who started swim teaching at the YMCA Wonthaggi at the start of 2023.

Jade began swim lessons at YMCA Wonthaggi when she was an infant and has been a squad swimmer for eight years with South Gippsland Bass Swimming Club.

Learning to swim helps children to be safe around water and to improve their physical, cognitive and social development. Jade said 'being a swim teacher is challenging but incredibly rewarding, and being nominated for this award is a great honour'.

Michelle Harris is a technical official for SGB. She joined the club when her kids were swimming. Michelle recently ran the New York Marathon. Amazing!!!



<https://superswim.org.au/amyhodson>



### HELP ME BE A SUPER SWIM HERO FOR SICK KIDS

Hi my name is Amy Hodson, I'm 11 and in February 2024, I'll swim 30 kms as part of the Super Swim to raise funds for the Starlight Children's Foundation.

This is my 2nd year doing the challenge. I am happy to combine my love of swimming with helping raise money for sick kids.

Why? Because I was one of those sick kid using the services of the Starlight Foundation. Actually, I still am. My family makes lots of trips to Melbourne for me as I have a vision impairment.

Please sponsor me and help brighten the lives of sick kids in hospital.



Aiden Smyth kicked off the 10c bottle refund donations to SGB. Way to go.

Congratulation to Max Brocklesby for placing 3rd at the 2023 Noosa Triathlon. The competition was a 1.5km run/750m swim/1.5km run.





### MUIR SWIM SCHOOL

Availability: Monday-Saturday  
Age: 6months +  
muirswimming@outlook.com

### Woolamai Swim School

Enrolments open  
Contact Sam: 0427422987



We're excited about helping kids get active!  
A new round of Get Active Kids Vouchers have just been released, we are an approved Get Active Victoria provider.

The Victorian Government is offering \$200 rebates that can be redeemed on payments made towards our Swim Squad Fees.

All you have to do is jump over to <https://www.getactive.vic.gov.au/vouchers/> ensure your family meets the eligibility and apply for your voucher code.

Don't forget to select us on the list as your activity provider!

Provide us with your voucher code and we'll credit your program payments!

Get in quick as vouchers will only be available until the allocated has been exhausted.

## Diversity & Inclusion

SGB IS AN INCLUSIVE SWIMMING CLUB, WELCOMING ALL MEMBERS OF THE COMMUNITY.

SGB IS PROUD TO ACKNOWLEDGE THE PEOPLE OF THE BUNURONG AS THE TRADITIONAL OWNERS AND CUSTODIANS OF THIS LAND AND WATERS. WE RECOGNISE THE UNIQUE DIVERSITY OF THE FIRST PEOPLES HERE IN SOUTH GIPPSLAND AND BASS COAST.



## Sponsors 23/24 Season

Thank you to the following businesses for sponsoring SGB for the 23/24 season. We are extremely grateful for your support.

### SILVER

Leongatha Toyota  
MM Paving

### BRONZE PLUS

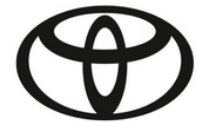
Wonthaggi Workman's Club  
Saputo

### BRONZE

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Brandt  
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Burra Foods  
Deery Consulting  
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Star of the South

### CONTRIBUTORS

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